

February 9, 2018

Regulatory Roundup is a weekly compilation of employee wellness and safety news.

Occupational Safety and Health Administration (OSHA)

New fact sheet offers guidance for safety inspections

OSHA released a new fact sheet, Safety Walk-Arounds for Managers, that provides tips for identifying hazards in the workplace and communicating them to workers. Guidance is provided for pre-inspection activities, items to check during inspections and post-inspection activities...[MORE](#)



Free silica presentation available March 5-9

The Region VI OSHA office and education centers are offering a free presentation on silica awareness, that will cover compliance information for general and construction industries as well as best practices. The webinar is free and will be available, after registering, March 5-9...[MORE](#)

Centers for Disease Control and Prevention (CDC)

Up to 21 percent of asthma-related deaths could be due to workplace exposures

The CDC recently released a report on asthma-related deaths, showing that occupational exposures may have contributed to between 11 and 21 percent of them. Research also showed that the construction industry had the most asthma-related deaths for men, while health care had the highest number for women. Cleaners, disinfectants, antibiotics, natural rubber latex, welding fumes and isocyanates (found in paint) all pose asthma risks to these groups...[MORE](#)

Studies, resources, trends, news



Safe + Sound Campaign offers first live, free webinar

The Center for Construction Research and Training is hosting a free webinar on Feb. 21 at 1 p.m. CST. The webinar, Tools for a Successful Workplace Safety & Health Program, will cover new Foundations for Safety Leadership resources...[MORE](#)

Fidgeting at your desk may burn more calories than standing

A recent study showed that "modest" movement, such as moving your feet back and forth, elevated metabolic rates 17 percent more than sitting at a desk and 7 percent more than using a standing workstation. This means that even those who don't use standing workstations can counteract a sedentary lifestyle...[MORE](#)